



WORLD CONGRESS
Mental Health 2022
LONDON

“Mental health:
a global priority”

June 28th – July 1st, 2022

Central Hall Westminster
Storey's Gate - London - SW1H 9NH

EACCME applied for



INVITED SPEAKER WFMH REGIONAL VP ROUND TABLE/SYMPOSIUM	
Event Code: LEE22-00523 World Mental Health Congress London Mental Health a Global Priority, London, UK 28/06/2022-01/07/2022	
Your details & region	Julie Millard, Regional Vice President Oceania
Date and time of your invited speaker parallel symposium session	Wednesday 29 June 2022 12:30 – 13:00hrs WFMH Regional VP Led Symposium
Duration	30 minutes
Proposed title	<i>The Mental Health Challenges of the Oceania Region</i>
Overall Aim	<ul style="list-style-type: none">• To enable the WFMH Regional Vice President Oceania to highlight and discuss the issues relevant to the region.• To provide a forum for Congress participants from their region to attend and engage in dialogue with the Regional Vice President.
Overall Learning Objectives	<ul style="list-style-type: none">• To discuss and explore the unique needs and mental health challenges of the region.• To share expert advice, ideas and information about programs and resources.
Overall Abstract	<p>The nations of Oceania were fortunate to initially experience significantly less deaths and COVID-19 positive transmissions per population than other regions. Island nations of Oceania could, at the start of the pandemic, close their international borders and reduce their exposure to the virus. This has now changed with the Coronavirus Omicron variant and the borders opening.</p> <p>The economic and social impacts of the virus and decreased access to the benefits of tourism, have resulted in increased isolation, high unemployment, fatigue of health care professionals, increased rates of anxiety, depression, substance use and youth suicide.</p> <p>Climate change, rising sea levels and natural disasters are having a profound impact on the mental health of populations in the region. Mental health services are under resourced in many Pacific nations, with limited research on what works in responding to each specific population's needs. The Symposium is seen as a bridge for broadening discussions about the unique challenges of the Oceania Region, and for sharing of resources to assist in building capacity to improve mental health service provision.</p>
Key references or resources	1. WHO Western Pacific, 2015, Human Health and Climate Change in Pacific Island Countries, ISBN: 9789290617303 https://www.who.int/teams/environment-climate-change-and-health/climate-change-and-health



2. Kairi Kõlves, Sharna Mathieu, Alexandra Fleischmann, [Suicide and self-harm surveillance across the Western Pacific: A call for action](#) The Lancet Regional Health - Western Pacific, Volume 19, February 2022, Pages 100367

3. McIver L., Kim R., Woodward A., Hales S., Spickett J., Katscherian D., Hashizume M., Honda Y., Kim H., Iddings S., Naicker J., Bambrick H., McMichael AJ., Ebi KL., Health Impacts of Climate Change in Pacific Island Countries: A Regional Assessment of Vulnerabilities and Adaptation Priorities [Environ Health Perspect.](#) 2016 Nov; 124(11): 1707–1714.

4. WHO Collaborating Centre for Nursing, Midwifery and Health Development, University of Technology Sydney Australia, *Basic Psychosocial Skills: Training for COVID-19 Responders*, short course (adapted from the UN's Inter-Agency Standing Committee (IASC) First Responders Guide) to build resilience and mental health wellbeing for frontline healthcare staff across the Western Pacific region.
<https://open.uts.edu.au/uts-open/study-area/health/basic-psychosocial-skills-a-training-for-covid-19-responders/>